

Pos	Tyd	No	Name	Surname	Gender	Cat
1	03:36:22	40	Megan	Mackenzie	F	O
2	03:50:05	23	Jackie	Moore	F	O
3	03:57:22	67	Abigail	Adie	F	O
4	04:08:04	64	Jane	Swarbreck	F	O
5	04:31:16	321	Nathalie	Romeo	F	O
6	04:32:25	105	Janine	King	F	O
7	04:34:44	103	Natasja	Kask	F	O
8	04:35:18	46	liezel	Wessels	F	O
9	04:42:41	32	Kate	Swarbreck	F	O
10	04:45:39	59	Estie	Brits	F	O
11	04:49:31	22	Mandi	Albertyne	F	O
12	04:52:27	156	Beth	Orchison	F	O
13	04:55:12	146	Marina	Kambanis	F	O
14	04:56:16	229	Candice	EB	F	O
15	04:56:25	230	Sarah	Girdwood	F	O
16	04:57:15	83	Rhode	Versluis	F	O
17	04:57:20	81	Kate	Rees	F	O
18	05:03:42	124	Izolde	Viljoen	F	O
19	05:06:47	185	Constance	Bekker	F	O
20	05:09:47	96	Ritali	Cronje	F	O
21	05:13:38	68	Martie	Botes	F	O
22	05:16:08	309	Cathrine	McGowan	F	O
23	05:16:28	170	Jenny	Streatfield	F	O
24	05:18:25	80	Clare	Walker	F	O
25	05:30:45	103	Natasja	Kask	F	O
26	05:30:55	106	Kerryn	Krige	F	O
27	05:38:43	264	Jill	van Aswegen	F	O
28	05:43:30	227	Tarryn	Denman	F	O
29	05:49:13	98	Laurika	Dannhouser	F	O
30	05:50:46	249	bernie	Marais	F	O
31	05:50:47	234	Karen	James	F	O
32	05:53:24	236	Dorothy	Jordaan	F	O
33	05:53:46	165	Marian	Ruesink	F	O
34	06:01:03	150	Liezl	Jooste	F	O
35	06:05:27	255	Lelita	Piek	F	O
36	06:07:33	211	Tessa	Batchelor	F	O
37	06:09:12	314	Nicola	Pabst	F	O
38	06:13:11	295	Esta	van Wyk	F	O
39	06:13:23	283	Hennette	Nieuwenhuize	F	O
40	06:14:32	294	Este	van den Berg	F	O
41	06:16:21	131	Fran	Laenen	F	O
42	06:16:59	295	Esta	van Wyk	F	O
43	06:17:54	173	Kerryn	Alcock	F	O
44	06:19:58	328	Michelle	Theron	F	O
45	06:23:52	266	Lindy	van Lyleveld	F	O
46	06:24:54	149	Bronwyn	Mckay	F	O
47	06:25:02	240	Jessica	Kretzmann	F	O
48	06:37:07	217	Louw	Claassens	F	O
49	06:38:06	215	Stacey	Brewer	F	O

50	07:04:03	221	Tasha	Cronje	F	O
51	07:04:04	219	Denielle	Cronje	F	O
52	07:06:28	235	Annalie	Jordaan	F	O
53	07:14:06	167	Sonia	Saffy	F	O
54	07:14:07	251	Dorinda	Mostert	F	O
55	07:22:06	244	Melissa	Lingenfelder	F	O
56	07:34:07	139	Carmen	Rogans	F	O
57	08:13:58	239	Maryke	Koekemoer	F	O
58	08:13:59	257	Sane	Rens	F	O
59	08:14:00	232	Helena	Pienaar	F	O
60	08:19:18	159	Ashley	Regal	F	O
61	08:20:50	299	Karen	Wepener	F	O
62	08:20:50	298	Mandi	Wepener	F	O
63	08:21:21	288	Trix	Roux	F	O
64	08:24:34	282	Marlene	Lausberg	F	O
65	08:30:51	270	Linda	Viljoen	F	O
66	08:32:18	179	Melandi	Botes	F	O
67	08:37:28	71	Robyn	Bruce	F	O
68	08:37:36	94	Valentina	Chiocchi	F	O