

Pos	Time	No	Name	Surname	Gender	Category
1	02:40:30	3	Lucky	Mia	M	O
2	02:41:23	4	Chabedi	Nyedimane	M	O
3	02:47:17	2	Sampie	Makoekoe	M	V
4	02:55:11	1	Thabang	Madiba	M	O
5	03:17:43	24	Tholo	Malebo	M	O
6	03:19:07	15	Joggie	Rossouw	M	V
7	03:20:47	25	Michael	Nash	M	O
8	03:22:28	21	Dustin	Gower	M	O
8	03:22:28	29	Russell	York	M	O
8	03:22:28	20	Trevor	Gower	M	O
11	03:25:40	7	Thabo	Phako	M	O
12	03:29:59	5	Sampie	Morapedi	M	V
13	03:31:02	12	Greg	Firth	M	V
13	03:31:02	14	Mark	Phipson	M	V
15	03:31:25	306	Bruce	Arnett	M	V
16	03:31:53	307	Neil	Classen	M	O
17	03:32:48	139	Darryl	Jago	M	O
18	03:34:11	270	Ruan	Van Der Nest	M	O
19	03:36:02	273	Louis	Van Deventer	M	O
20	03:37:41	9	Gerhard	Beukes	M	V
21	03:53:40	100	Grant F	Flanegan	M	O
22	03:54:58	176	Lawrence	Mogano	M	O
23	03:55:59	215	Darren	Ryan	M	O
24	03:56:31	271	Nicolaas	Van Der Walt	M	O
25	03:56:58	252	Estie	Szoke	F	O
26	04:00:11	13	Richard	Kolbe	M	V
27	04:00:32	23	Henri	Knobel	M	O
28	04:02:39	258	Justin	Urry	M	O
28	04:02:39	50	Marais	Bekker	M	O
30	04:03:22	225	Gareth	Sears	M	O
31	04:05:18	155	Dirk	Lambrechts	M	O
32	04:07:33	105	Nico	Fourie	M	O
33	04:08:18	89	Shaun	De Villiers	M	O
34	04:08:26	77	Petri	Cook	M	O
35	04:10:22	51	Kobus	Bekker	M	O
36	04:11:45	61	Daryl	Blundell	M	V
37	04:13:36	17	John	Black	M	O
38	04:14:22	227	Bruce	Shepherd	M	V
39	04:15:09	22	Claus	Kempen	M	O
40	04:16:30	129	Jeanne	Havinga	F	O
41	04:17:39	103	Rizta	Fouche	F	O
42	04:19:09	38	Natasja	Kask	F	V
43	04:20:51	183	Frederick	Odendaal	M	O
44	04:20:58	195	Julia	Pennington	F	O
45	04:23:07	27	Jo	Van Der Walt	M	O
46	04:24:26	179	Daniel Jacobus	Neethling	M	O
46	04:24:26	151	Liaan	Kritzinger	M	O
47	04:26:42	243	Andrew	Stewart	M	O

Pos	Time	No	Name	Surname	Gender	Category
48	04:27:09	59	Japie	Blignaut	M	O
49	04:27:27	253	Hendri	Theron	M	O
50	04:29:54	10	Jacques	Beukes	M	V
51	04:30:24	251	Roger	Stubbs	M	V
52	04:30:57	260	Lean	Uys	M	O
53	04:33:25	84	Schabort	De Jager	M	O
53	04:33:25	211	Martin	Roberts	M	O
55	04:34:20	18	Vyver	De Klerk	M	O
56	04:34:50	81	Henning	Crous	M	O
57	04:37:17	161	Matthew	Lee	M	V
58	04:38:41	19	Douglas	Finlasyson	M	O
59	04:38:43	41	Janneke	Leask	F	O
60	04:39:47	300	Chris	Willis	M	O
61	04:40:12	301	Ryan	Wilson	M	O
62	04:40:13	152	Japie	Kruger	M	O
63	04:41:28	278	Justus	Van Rooyen	M	O
64	04:43:34	279	Juandi	Van Sandwyk	F	O
65	04:44:08	40	Martie	Botes	F	O
66	04:47:20	42	Caryn	Phipson	F	O
67	04:47:59	297	Conrad	Walters	M	O
68	04:48:24	304	Morne	Van Wyk	M	O
69	04:48:27	266	Wikkie	Van Der Merwe	M	V
70	04:51:45	193	Gavin	Pansegrouw	M	O
71	04:52:50	276	Danie	Van Jaarsveld	M	V
72	04:54:17	232	Werner	Slabbert	M	O
73	04:54:33	244	Amie	Stewart	F	O
74	04:54:47	298	Deirdre	Watson Vdm	F	O
75	04:55:11	182	Janus	Oberholzer	M	V
76	04:55:18	83	Brendon	De Boer	M	V
77	04:55:20	52	Cobus	Bergh	M	O
78	04:56:35	220	Ehdrich	Schoeman	M	O
78	04:56:35	189	Dian	Opperman	M	O
80	04:57:27	124	Sara	Hanson	F	O
81	04:57:34	191	Tonie	O'reilly	M	O
82	04:57:45	198	Gail	Potgieter	F	O
83	04:58:25	280	Johan	Van Tol	M	O
84	04:58:46	58	Willem	Bindeman	M	V
85	04:59:35	308	Ilse	Nel	F	O
85	04:59:35	224	Elmien	Scott	F	O
86	04:59:56	192	Adriaan	Otto	M	O
87	04:59:57	199	Arnold	Pretorius	M	O
88	05:00:17	226	Gregory	Shapiro	M	O
89	05:02:03	285	Mandi	Venter	F	O
90	05:02:37	153	Henre	Kuhn	M	O
91	05:04:15	154	Chris-Marie	Kunz	F	O
92	05:08:00	44	Eaan	Algera	M	V
93	05:10:09	236	Reuter	Sorour	M	M
94	05:12:24	95	Hanlie	Du Plessis	F	O

Pos	Time	No	Name	Surname	Gender	Category
95	05:13:43	299	Meghan	West	F	O
96	05:15:34	86	Willem	De Klerk	M	V
97	05:18:50	37	Ebeth	Enslin	F	V
98	05:19:47	177	Sam	Morard	F	V
99	05:20:14	175	Ryan	Mitchell	M	V
100	05:20:15	218	Rory	Schanknecht	M	O
101	05:20:17	255	Elbé	Top	F	O
102	05:22:08	200	Liezle	Pretorius	F	V
103	05:22:43	46	Rhett	Austin	M	O
104	05:25:04	162	Andries	Liebenberg	M	O
105	05:26:05	283	Coenie	Venter	M	V
106	05:30:29	32	Gerhard	Vosloo	M	M
107	05:31:37	144	Chrissie	Jay	F	V
108	05:32:14	256	Bridgette	Trollip	F	V
109	05:32:15	257	Robyn	Trollip	F	O
110	05:33:49	92	Debbie	Dooley	F	V
111	05:33:50	30	Michael	Dooley	M	M
112	05:35:05	96	Gina	Edmonds	F	O
113	05:36:55	148	Michael	King	M	O
114	05:36:57	108	Shaun	Frankish	M	O
115	05:38:07	68	Samantha	Carr	F	O
116	05:39:38	126	Elida	Hattingh	F	O
117	05:39:39	196	Steve	Perry	M	M
118	05:39:40	277	Rw	Van Niekerk	M	O
119	05:39:40	290	Quintin	Viljoen	M	O
120	05:40:10	112	David	Funnell	M	M
121	05:40:11	141	Mariaan	Janse Van Rensburg	F	O
122	05:40:31	214	Jason	Roux	M	O
123	05:42:01	228	Ariena	Shepherd	F	V
124	05:42:57	128	Marc-Steven	Havinga	M	O
125	05:43:07	127	Karen	Havenga	F	V
126	05:43:32	208	Ulrich	Rehbock	M	O
127	05:43:33	207	Heinz	Rehbock	M	O
128	05:43:53	263	Tobias	Van Den Bergh	M	O
129	05:43:54	264	Armand	Van Den Bergh	M	O
130	05:46:12	212	Sam	Rolland	M	O
131	05:47:22	91	Jock	Donaldson	M	O
132	05:48:30	60	Stephan	Blom	M	O
133	05:48:36	265	Maryke	Van Den Worm	F	O
134	05:49:04	107	Ben	Fourie	M	O
135	05:49:05	167	Andre	Marais	M	O
136	05:49:22	47	Lizle	Austin	F	V
137	05:49:29	203	Heila	Prinsloo	F	O
138	05:49:39	26	Jan - Hendrik	Senekal	M	O
139	05:49:39	116	Inus	Greyling	M	O
140	05:51:24	246	Anneke	Steyn	F	O
141	05:51:25	201	Lilani	Pretorius	F	O
142	05:56:57	75	Jaco	Colyn	M	O

Pos	Time	No	Name	Surname	Gender	Category
143	05:56:58	130	Eric	Henderson	M	M
144	05:56:58	233	Lee-Ann	Slabbert	F	O
145	05:56:59	159	Jacques	Leach	M	O
146	05:57:00	160	Marli	Leach	F	O
147	05:57:00	202	Bok	Pretorius	M	O
148	05:57:14	289	Atalia	Viljoen	F	O
149	05:57:43	123	Henrietta	Hager	F	M
150	05:57:43	122	Louw	Hager	M	O
151	05:57:58	134	Anton	Homsek	M	M
152	05:58:38	97	Marizette	Els	F	O
153	06:04:17	45	Iain	Arnott	M	O
154	06:04:17	223	Jaun	Schoon	M	O
155	06:07:29	54	Enzo	Beukes	M	O
156	06:07:30	53	Fritz	Beukes	M	V
157	06:08:23	267	Charmaine	Van Der Merwe	F	V
158	06:10:06	237	Tandi	Rielly	F	O
159	06:10:07	80	Theresa	Cotterrell	F	V
160	06:10:25	33	Natalie	Black	F	V
161	06:12:04	73	Zelda	Cloete	F	V
162	06:12:58	204	Nadia	Raimondo	F	O
163	06:14:44	250	Marlize	Strydom	F	O
164	06:14:44	72	Hennie	Cloete	M	V
165	06:21:00	188	Trudie	Oosthuisen	F	M
166	06:22:14	240	Keith	Starke	M	O
167	06:22:15	106	Marnus	Fourie	M	O
168	06:23:54	158	Wynand Adria	Le Roux	M	O
169	06:23:55	194	Chris	Pelser	M	O
170	06:24:06	206	Giles	Rehbock	M	V
171	06:24:06	94	Christo	Du Plessis	M	V
172	06:25:50	302	Jp	Zeelie	M	O
173	06:26:07	166	Hilmar	Luckhoff	M	O
174	06:26:07	281	Stephan	Van Zyl	M	M
175	06:28:12	62	Jianri	Booyesen	F	O
176	06:28:12	238	Justyn	Spinner	M	O
177	06:29:42	132	Jonathan	Hoch	M	O
178	06:33:32	217	Amanda	Samwell	F	V
179	06:33:32	16	Ben	Samwell	M	V
180	06:33:33	184	Christoph	Oellermann	M	O
181	06:33:34	249	Anchen	Strauss	F	O
182	06:38:00	69	Derick	Claassen	M	O
183	06:38:29	117	Fritz	Greyvenstein	M	V
184	06:38:53	79	Mark	Cotterrell	M	M
185	06:38:56	259	Frikkie	Uys	M	V
186	06:39:17	43	Lee-Ann	Uys	F	O
187	06:40:02	39	Marie	Snyman-Jacobs	F	V
188	06:40:04	63	Melandi	Botes	F	O
189	06:40:24	76	Helena	Combrink	F	O
190	06:42:43	142	David	Janse Van Vuuren	M	V

Pos	Time	No	Name	Surname	Gender	Category
191	06:42:44	143	Karliën	Janse Van Vuuren	F	V
192	06:42:45	74	Jj	Coetzee	M	O
193	06:49:42	292	Magretha	Vlok	F	O
194	06:51:10	55	Caitlin	Beukes	F	O
194	06:51:10	101	Jacoliën	Flanegan	F	O
194	06:51:10	178	Storm	Mosetic	F	O
197	06:51:54	268	Selma	Van Der Merwe	F	O
198	06:51:55	262	Leandri	Van Biljon	F	O
199	06:51:56	241	Johann	Steenkamp	M	V
200	06:51:57	133	Andre	Holl	M	O
201	06:53:58	197	Morgan	Piek	M	O
202	06:54:25	109	Steven	Freitag	M	O
203	06:54:26	110	Elaine	Freitag	F	O
204	06:56:46	168	Steve	Mcintyre	M	V
205	06:56:46	169	Jady	Mcintyre	M	O
206	06:56:47	170	Denise	Mcintyre	F	O
207	07:00:40	137	Eduan	Human	M	O
208	07:00:41	138	Therese	Human	F	O
209	07:11:16	118	Christiaan	Grobler	M	O
210	07:11:16	120	Anel	Grobler	F	O
211	07:11:17	245	Arnold	Steyn	M	M
212	07:12:49	56	Righardt	Bezuidenhout	M	V
213	07:12:49	57	Lara	Bezuidenhout	F	O
214	07:12:50	221	Edwin	Schoeman	M	O
215	07:13:04	222	Jacques	Schoeman	M	M
216	07:18:50	291	Linda	Viljoen	F	O
217	07:19:00	90	Neil	Devenish	M	V
218	07:22:15	156	Dean	Lang	M	V
219	07:22:38	305	Ingrid	Guduza	F	V
220	07:22:39	70	Hendre	Claassen	M	M
221	07:29:30	102	Taryn	Formby	F	O
222	07:29:30	111	Katharine	Frost-Vanderwalt	F	V
223	07:29:31	78	Heather	Cooper	F	V
224	07:29:43	85	Karen	De Jager	F	O
225	07:31:42	99	Saretha	Ferreira	F	M
226	07:31:44	98	Edmund	Ferreira	M	M
227	07:37:03	34	Lucia	Ceronio	F	V
228	07:37:04	261	Jenny	Uys	F	V
229	07:38:26	171	Jan	Meiring	M	V
230	07:38:27	172	Lizanne	Meiring	F	O
231	07:38:27	65	Edward	Botha	M	O
232	07:42:24	185	Danielle	Oliveira	F	O
233	07:42:25	275	Carel	Van Heerden	M	O
234	07:42:26	248	Gerda	Stoltz	F	O
235	07:42:47	174	Dino	Minuzzo	M	O
236	07:51:03	48	Yvette	Barkhuizen	F	O
237	07:51:04	36	Tracy	De Abreu	F	V
238	07:53:03	149	Nico	Koch	M	V

Pos	Time	No	Name	Surname	Gender	Category
239	07:53:04	119	Daniel	Grobler	M	O
240	07:53:06	187	Jaco	Olivier	M	O
241	07:53:07	235	Henk	Smith	M	V
242	07:53:08	150	Marius	Koch	M	O
243	07:59:31	209	Adelheid	Rens	F	O
244	08:03:08	135	Isabel	Homsek	F	M
245	08:15:31	242	Robyn	Stephenson	F	V
246	08:15:32	121	Duncan	Haddon	M	M
247	08:22:32	35	Sharon	Coventry	F	V
248	08:30:58	219	Pierre	Scheepers	M	O
249	08:30:59	67	Magnus	Buys	M	O
250	08:42:16	239	Lee-Mark	Staats	M	O
251	08:43:13	247	Anizka	Stolk	F	O
252	08:42:11	284	Freda	Venter	F	O
253	08:43:16	286	Dewald	Viljoen	M	O
254	08:43:17	293	Samantha	Vogt	F	O