Pos	Tyd	No	Name	Surname	Gender	Category
1	04:22:17	227	Fernando	Santos	M	M
2	04:47:26	158	Chris	Lee	M	M
3	04:47:49	247	Francois	Steyl	M	M
4	05:01:40	109	Peter	Everett	M	M
5	05:35:00	286	Gerhard	Vosloo	M	M
6	05:44:54	230	Anton	Schoeman	M	M
7	06:16:51	272	Chris	Van Heerden	M	M
8	06:41:22	279	Stephan	van Zyl	M	M
9	06:52:51	235	Johan	Schutte	M	M
10	07:15:09	246	Ian	Steenkamp	M	M
11	08:43:22	69	Shaun	Carr	M	M